# CALVARY EPISCOPAL CHURCH



The Third Sunday in Lent
March 3, 2024, at 11:00 A.M.
The Penitential Order and the Holy Eucharist: Rite II

Prelude

These Are God's Holy Ten Commands

Johann Sebastian Bach

My Heart, O God, is steadfast

Lucy Walker

My heart, O God, is steadfast. I will sing and make music. Awake, my soul! Awake, O harp and lyre! I will awake the dawn.

## THE PENITENTIAL ORDER

Hymn 518

Christ is made the sure foundation

Westminster Abbey

All stand and sing together.

Christ is made the sure foundation, Christ the head and cornerstone, chosen of the Lord, and precious, binding all the Church in one; holy Zion's help for ever, and her confidence alone.

All that dedicated city, dearly loved of God on high, in exultant jubilation pours perpetual melody; God the One in Three adoring in glad hymns eternally.

To this temple, where we call thee, come, O Lord of Hosts, today; with thy wonted loving-kindness hear thy servants as they pray, and thy fullest benediction shed within its walls alway.

Here vouchsafe to all thy servants what they ask of thee to gain; what they gain from thee, for ever with the blessed to retain, and hereafter in thy glory evermore with thee to reign.

—Latin, 7th cent., tr. after John Mason Neale, alt.

# Opening Acclamation

Celebrant Bless the Lord who forgives all our sins.

*People* His mercy endures for ever.

Celebrant

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

—Mark 12:29-31

Kyrie Eleison (HYMNAL, S84)

all join in singing

Missa orbis factor

Kyrie eleison. Christe eleison. Kyrie eleison. Lord, have mercy. Christ, have mercy. Lord, have mercy.

Celebrant Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

#### The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.* 

# THE WORD OF GOD

# The Collect of the Day

*Celebrant* The Lord be with you. *People* And also with you.

Celebrant Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

# The First Reading Exodus 20:1-17

Then God spoke all these words: I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it. Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your neighbor. You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

The Word of the Lord.

*People* Thanks be to God.

The Choir sings the verses of the Psalm.

The law of the LORD is perfect and revives the soul;

the testimony of the LORD is sure and gives wisdom to the innocent.

The statutes of the LORD are just and rejoice the heart;

the commandment of the LORD is clear and gives light to the eyes.

Refrain

The fear of the LORD is clean and endures for ever;

the judgments of the LORD are true and righteous altogether.

More to be desired are they than gold, more than much fine gold,

sweeter far than honey, than honey in the comb.

Refrai

By them also is your servant enlightened, and in keeping them there is great reward.

Who can tell how often he offends? cleanse me from my secret faults. Refrai

Above all, keep your servant from presumptuous sins; let them not get dominion over me; then shall I be whole and sound, and innocent of a great offense.

Let the words of my mouth and the meditation of my heart be acceptable in your sight, O LORD, my strength and my redeemer.

\*Refrain\*

# The Second Reading

1 Corinthians 1:18-25

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

The Word of the Lord.

People Thanks be to God.

Hymn 445, stanzas 1-4

Praise to the Holiest in the height all stand and sing together

Gerontius

Praise to the Holiest in the height, and in the depth be praise; in all his words most wonderful, most sure in all his ways!

O loving wisdom of our God! When all was sin and shame, a second Adam to the fight and to the rescue came.

O wisest love! that flesh and blood, which did in Adam fail, should strive afresh against the foe, should strive, and should prevail;

and that the highest gift of grace should flesh and blood refine: God's presence and his very self, and essence all divine.

—John Henry Newman, alt.

# The Gospel John 2:13-22

#### All stand for the Gospel, the reader first saying

The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

The Rev. Cameron J. Soulis

The Nicene Creed All stand and say together

of all that is, seen and unseen.

We believe in one God, the Father, the Almighty, maker of heaven and earth,

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light,

true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;

he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

# The Prayers of the People

Putting our trust in the Lord, let us pray, saying: have mercy on us.

For the Church

For the Anglican Communion, and for Justin, Archbishop of Canterbury

For the Episcopal Church, and for Michael, our Presiding Bishop

For the Diocese of Pittsburgh, and for Ketlen, our Bishop

For Calvary Church, and for our clergy and staff

For the grace to keep your commandments

Revive our souls by your perfect law.

O Lord, we put our trust in you; have mercy on us.

For this community, the nation, and the world

For peace in all places where there is war

For refugees, immigrants, and victims of exploitation

For those who seek to overturn oppression and injustice

For those who serve our country, particularly Christine, Tres, Robert, Jon, Chris, George, Brian, and Lauren, for their families, and for the safe return of those far from home

Free us from worshipping power and wealth, and show us your justice and compassion.

O Lord, we put our trust in you; have mercy on us.

For all who turn to you for help

For Erica, Elise, Henry, Jamie, Phyllis, Hattie, Judith, Michael, Jeff, James, Roy, Joan, Nancy, Janet, David, Josh, Kate, Jean, Andrea, Beth, Thomas, Jean, Daniel, Judith, Janice, Lucy, Earl, Susan, Marilyn, Diana, Pat, Judy, Shannon, Emily, Kristen, John, and all those who have been commended to our prayers

For people suffering from COVID

For people throughout the world living with HIV and AIDS

For those struggling with addiction, and those in recovery

For strength for caregivers and health care workers

For those whom we now name

Be their strength and their redeemer.

O Lord, we put our trust in you; have mercy on us.

For those who have died

For Sal Ricottone, and Jerollyn McMahon

For those in whose memory altar flowers are given today:

Daniel L. Barry, Sr., Edyth B. Best, Harry Best, Gina Strain, Charles F. Wells, and John and Charles Wesley

For victims of gun violence

For those who mourn

For those whom we now remember

Bring them to the fullness of your peace and glory.

O Lord, we put our trust in you; have mercy on us.

#### The Peace

*Celebrant* The peace of the Lord be always with you. And also with you. People

# Welcome & Announcements

Those wishing to make offerings by electronic transfer may use this QR Code to do so:



#### THE HOLY COMMUNION

#### Anthem

#### At the River

arr. John Goldsmith

Shall we gather at the river, where bright angel feet have trod; with its crystal tide forever flowing by the throne of God.

Yes, we'll gather at the river, the beautiful, the beautiful river, gather with the saints at the river that flows by the throne of God.

> On the margin of the river, washing up its silver spray, we will walk and worship ever all the happy golden day.

On the bosom of the river, where the Saviour King we own we shall meet and sorrow never 'neath the glory of the throne.

Soon we'll reach the shining river, soon our pilgrimage will cease; soon our happy hearts will quiver with the melody of peace.

# Lenten Doxology

#### all sing together

# Hereford



ac-cord, in com - pa - ny with - i - ty, grant, O un-chang-ing us all with one thou bless - ed Trin 1 Now let 2 Grant, O a - ges past, keep U - ni - ty, that



vi - gil with heaven - ly Lord in his temp - ta tion and fast. his thy praise! this our fast of ty days may work our pro fit and

> Words: Attr. Gregory the Great (540-604); tr. Praise the Lord, 1972, alt. (stanza 1) and The Hymnal 1982 (stanza 2) Music: Hereford, Samuel Sebastian Wesley (1810-76)

# The Great Thanksgiving

#### Eucharistic Prayer A

Celebrant The Lord be with you. And also with you. People Celebrant Lift up your hearts. We lift them to the Lord. People

Celebrant Let us give thanks to the Lord our God. It is right to give God thanks and praise. People

### Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

#### All sing:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest. Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

—The Hymnal 1982, S122

## The people stand or kneel. Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

#### Celebrant and People

Christ has died. Christ is risen. Christ will come again.

#### The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

#### Celebrant and People

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom, and the power, and the glory,

for ever and ever. Amen.

The Breaking of the Bread The Celebrant breaks the consecrated Bread. A period of silence is kept. Then all sing together:

> Lamb of God, you take away the sins of the world. Have mercy on us. (sung twice) Lamb of God, you take away the sins of the world. Grant us peace.

> > —The Hymnal 1982, S160

#### Celebrant The Gifts of God for the People of God.

The congregation receives Holy Communion, kneeling at the High Altar rail, or at the standing station near the Pulpit. Gluten-free wafers are available at the Pulpit station. Those not wishing to receive Communion may come forward for a blessing, signalling their intention by crossing their arms across their chests.

During Communion, prayer and anointing for healing is offered in the Lady Chapel for those who desire it.

#### Music at Communion

# Ave verum Corpus

William Byrd

Ave verum Corpus, natum Hail, true Body, born of the Virgin Mary, de Maria Virgine, vere passum immolatum that has suffered, sacrificed in cruce pro homine, upon a cross for humankind, from whose pierced side cujus latus perforatum unda fluxit sanguine: flowed blood and water: Esto nobis praegustatum Be to us a defense in mortis examine. in death's trial. O dulcis, O pie, O sweet, O holy, O Jesus, Son of Mary, O Jesu fili Mariae,

have mercy on me. Amen. miserere mei. Amen.

—Thirteenth-century Eucharistic devotional text

The Book of Common Prayer reminds us that if one is unable to consume the consecrated bread and wine due to extreme sickness or disability, the desire is enough for God to grant all the benefits of communion (BCP, p. 457). When being present at a celebration of the Eucharist is impossible, this act of prayer and meditation can provide the means by which we can associate ourselves with the Eucharistic Action and open ourselves to God's grace and blessing.

Come Lord Jesus, and dwell in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; conform my life and actions to the image of your holiness; and, in the power of your gracious might, rule over every hostile power that threatens or disturbs the growth of your kingdom, who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. Amen. (Spiritual Communion is excerpted from Saint Augustine's Prayer Book.)

Hymn L203

There is a balm in Gilead

Balm in Gilead

All sing together, kneeling or seated. "L-" numbers are printed in Lift Every Voice & Sing, II.

REFRAIN

There is a balm in Gilead to make the wounded whole; There is a balm in Gilead to heal the sin-sick soul.

Sometimes I feel discouraged, and think my work's in vain, but then the Holy Spirit revives my soul again.

Refrain

If you cannot preach like Peter, if you cannot preach like Paul, You can tell the love of Jesus, and say he died for all.

Refrain

Don't ever be discouraged for Jesus is your friend, And if you lack for knowledge, he'll ne'er refuse to lend.

Refrain
—Traditional

# The Postcommunion Prayer

The Celebrant says

Let us pray.

All pray together

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom.

And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord.

To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

The Blessing

The Celebrant blesses the people, and all say Amen.

Hymn 473

Lift high the cross

Crucifer

All stand and sing together.

REFRAIN

Lift high the cross, the love of Christ proclaim till all the world adore his sacred Name.

- 1 Led on their way by this triumphant sign, the hosts of God in conquering ranks combine.
  - Refrain
- 2 Each newborn servant of the Crucified bears on the brow the seal of him who died. Refrain
- 3 O Lord, once lifted on the glorious tree, as thou hast promised, draw the world to thee.

Refrain

- 4 So shall our song of triumph ever be:

  praise to the Crucified for victory. Refrain
- —George William Kitchin; alt. Michael Robert Newbolt

The Dismissal *All respond* Thanks be to God.

Postlude

Fantasie & Fugue C minor

Bach

#### Musical Notes

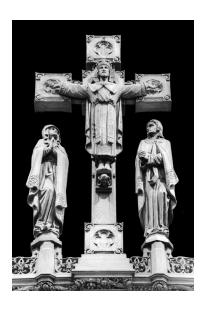
A warm and grateful welcome to the Heinz Chapel Choir from the University of Pittsburgh, and their Director, Dr. Susan Rice. Their 85<sup>th</sup> anniversary Spring Concert takes place on Sunday afternoon, April 21 at 3 p.m. in the Heinz Memorial Chapel; it is free and open to the public.

Today's first Reading, recounting the delivery of the Ten Commandments to Moses and the Israelites, inspired a hymn-text by Martin Luther, published in 1524, and clearly intended to help the faithful learn and understand the commandments. Musical symbolism animates Bach's two settings for organ, published in 1739; the first and longer setting presents the chorale-melody in *canon*, a technique by which two or more musical voices are bound together by a rule (say, "enter an octave higher, after 2 measures"), the canonic voices imitating each other in accordance with the terms of the rule. Since the hymntune itself was a given, Bach's canonic rule is somewhat elastic, the imitative intervals flexing to permit the canon to "work" harmonically—but the gesture of using canon to evoke the idea of a rule or law is one he frequently employs in his sacred music, both vocal and instrumental. The second setting is cast as a little fugue, based on the opening phrase of the hymn-tune, which is made up of repeated notes leading to a stepwise ascent through a fourth. Bach designs this fugue so that there are a total of ten entries of this subject, to reflect the number of the commandments; we hear eight in relatively quick succession, then wander through a good deal of freely developmental music before the final two entries of the subject bring the piece to a close.

Lucy Walker (b. 1998) is a recent graduate of Pembroke College, Cambridge; her lovely setting of two brief verses from Psalm 57 was published last year. John Goldsmith (1946-2017) was the Director of the Heinz Chapel Choir for twenty-five years, and a prominent figure in Pittsburgh choral music-making.

Evensong for the month of March will take place *next* Sunday, March 10, at 5 p.m., with an extended prelude played by local lutenist Alfonse Ciaccio beginning at 4:45. Please join us then, and on Palm Sunday afternoon, March 24, also at 5 p.m., for a musical meditation on the Passion, a service somewhat reminiscent of Lessons and Carols, built around the narrative of the Passion and some of the beautiful musical responses that story has inspired from composers across the centuries.

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315 Shady Avenue, Pittsburgh, Pennsylvania 15206 412.661.0120 | email: calvary@calvarypgh.org | www.calvarypgh.org Office Hours – 9 A.M. to 4 P.M., Monday through Friday

# CALVARY'S CLERGY AND STAFF

The Rev. Jonathon W. Jensen, Rector

The Rev. Cameron J. Soulis, Associate Rector

The Rev. Geoffrey S. Royce, Deacon

The Rev. Ruth Bosch Becker, Assisting Pastor

The Rev. Carol Henley, Assisting Priest

Rabbi Aaron Bisno, Rabbi-in-Residence

Ms. Deanna Briody, McNulty Intern

Dr. Alan Lewis, Director of Music Jon Tyillian, Assistant Organist

Lynda Kennedy, Director of Finance

Vicki Rispoli, Director of Children's Formation

Kenneth Smith, Director of Communications

Kim Pieratt, Parish Administrator Jim Gubash, Head Sexton

Adam Augustine, Ron Johnston,

Mary Ann Packer, Guy Tillman, Sextons

Vivian Rispoli, A/V Technician

David Ieong, Senior Warden

Wendy Lomicka, Junior Warden

Lauren Ernst, Treasurer

Daniel Geroni, Assistant Treasurer

#### - The Vestry -

2024 Jennifer De Rosa David Ieong Donald MacLeod, Jr. Laura Marchl

2025 Adam Bailey Kate Burroughs Lucy Douglas Peter Lewis

2026 David Riehl Wendy Lomicka James Manning Vanessa Sterling

2027 John Allison Elaine Effort Ian Everhart Lisa Nevola

Sarah Wilson, secretary

#### - The Parish Council -

2024 Jonathan Callard Jean Carr Emma Schauf

2025 Ann Augustine Mary Jane Bent Jeannine Farina

2026 Michele Bender Sue DeWalt, President Stanley Nevola

2027 Charles R. Altman Diana Page Ray Richter Anoo Verghis

#### **Clergy Contact Information**

Please feel free to contact any of our clergy. We are ready to help.

- The Rev. Jonathon Jensen, jjensen@calvarypgh.org
- The Rev. Cameron Soulis, csoulis@calvarypgh.org
- Deacon Geoffrey Royce, groyce@calvarypgh.org
  - Rabbi Aaron Bisno, rabbi@calvarypgh.org
  - Deanna Briody, dbriody@calvarypgh.org



# March 3, 2024 - The Third Sunday in Lent

# Our Parish Life

# **Awareness Gathering TODAY**

Please note that there will be no Priest and Rabbi class today. You are invited to the Capital Campaign's Awareness Gathering in McClintic Hall at 10 a.m.

#### **Girl Scout Cookies!**

Lily will be fulfilling Girl Scout cookie orders **TODAY** after the 11 a.m. service. Please bring cash or a check to receive your pre-ordered cookies. Thank you for supporting our Girl Scout Troop!

# Agape Deadline

The deadline for submission of news and notices for the next issue is **Friday**, **April 5, 2024.** Please e-mail your text to calvary@calvarypgh.org or deliver it directly to the church office.

## Music at Calvary

Evensong for the month of March will take place *next* Sunday, March 10, at 5 p.m., with an extended prelude played by local lutenist Alfonse Ciaccio beginning at 4:45. Please join us then, and on Palm Sunday afternoon, March 24, also at 5 p.m., for a musical meditation on the Passion, a service somewhat reminiscent of Lessons and Carols, built around the narrative of the Passion and some of the beautiful musical responses that story has inspired from composers across the centuries.

## **Evening Prayer**

As one of your Lenten disciplines, consider joining with other parishioners at Calvary for the service of Evening Prayer at 6 p.m. in the Lady Chapel each Monday and Thursday of Lent. We'll meet each Monday and Thursday through March 21. Praying at certain points of the day has its origins in Judaism and was practiced in the early church and monastic traditions. The service of Evening Prayer is about 20 minutes long and includes Psalms, Scripture, and Prayers for the day (but no sermon or music). If you have questions or are interested in helping to lead this service, please contact Steve Shandor (steve.shandor@gmail.com) or Michael Salmon (oriolefish@gmail.com).

# Prayer and Anointing for Healing on Sundays at 11 a.m.

Throughout the season of Lent, we will offer healing prayer by anointing with oil and the laying on of hands during communion at the 11 a.m. service. If you would like to receive this healing prayer, please come to the Lady Chapel after you receive communion. The priest who is distributing communion at the station by the pulpit will join you there to offer this healing prayer. In Easter, we will evaluate to see if we want to continue this practice.

# **Christ-Centered Yoga**

There will be NO Christ-centered yoga class on Monday, March 4. We're taking this week off. Yoga will return on Monday, March 11 from 6:30 to 7:30 p.m. Every-body and all-bodies are welcome. You may join any week! We meet in the Parish Hall for 20-30 minutes of yoga, followed by journaling.

-continued on the next panel

Christ-Centered Yoga is led by Calvary parishioner, Elizabeth Hepburn Miller. Please contact her with questions or concerns at www.bebyelizabeth.com or email Elizabeth@BeByElizabeth.com.

# Lenten Reading and Discussion Group – Julian of Norwich

Are you interested in deepening your Lenten observance, by sharing and reflecting together on a beautiful spiritual classic? Join us on **Thursdays in Lent from 6:30-7:30 p.m. (through March 21)** in the Evans Room (or by Zoom) for a guided discussion of Julian of Norwich's *Revelations of Divine Love*. If you have any questions, feel free to contact Daniel Perett (dperett@gmail.com).

The first book written in English by a woman, Julian's *Revelations* are moving meditations on God's love, compassion, and care for us, based on a vision of Christ's passion that she received when she was thought she was dying. Keenly aware of suffering and human frailty, Julian shares a deeply reassuring message of hope, joy, and peace, centered in God's wondrous, unfailing love, a perfect message for our spiritual growth in Lent.

# Gospel and Breakfast (GAB):

# Sundays, 10:00 – 10:45 a.m., the Evans Room

This class is for young adults and parents of young children to meet for fellowship, light breakfast, and a discussion of the Gospel passage appointed for the day. We gather in the Evans Room on Sundays during the Christian Formation hour (10–10:45 a.m.). The nursery will be open at that time, or you can bring your little one(s) along if you prefer. Drop in whenever you can. No prior knowledge needed. Questions? Please contact the Rev. Cameron Soulis (csoulis@calvarypgh.org or 412.661.0120, ext. 123).

# The Bookstore at Calvary

During the holy season of Lent, the Bookstore has a variety of devotional books to read during this time including *The Book of Common Prayer* (available in leatherbound and soft cover), which contains the liturgies, prayers, and theological documents of the Episcopal Church. *Celtic Daily Prayer* and *Celtic Daily Prayer Book Two: Farther Up and Farther In* is prayers and readings from the Northumbria Community in northern England. *A New Zealand Prayer Book* offers services and prayers for holy days as well as for weekly services and personal meditation. *Saint Augustine's Prayer Book* is a book of prayer and practice – with disciplines, habits, and patterns for building a Christian spiritual life.

The Bookstore is open on Sunday from 8:45 a.m. to 1 p.m. and Wednesday from 11 a.m. to 2 p.m. Call the Bookstore at 412.661.0120 ext. 133 (please leave a message) or email at bookstore@calvarypgh.org and we will contact you. Cash, check, Discover®, MasterCard®, and Visa® along with touch-free payments are accepted.

# **Gun Safety Legislation**

Last May the Pennsylvania House of Representatives passed gun safety legislation with bipartisan support. These bills would establish universal background checks (HB 714) and create Extreme Risk Protection Orders (HB1018). The State Senate must hold hearings and vote on these bills in order for them to become law. This has not yet happened. Gun-safety advocacy groups are encouraging Pennsylvanians to contact the leaders of our State Senate and ask that the Senate move this legislation forward.

To help interested parishioners with this, a table of information and supplies will be set up in the Parish Hall on Sunday, March 17, before and after each service. Jeanette Trauth, a member of Temple Sinai and the Religious Action Center of Reform Judaism (RAC), will be present during the Christian Formation hour (10–11 a.m.) that day to answer questions and otherwise help people

people write letters to Senate Judiciary Committee Chair Lisa Baker, Senate Majority Leader Joe Pitman, and Senate President Pro Tempore Kim Ward.

If you have questions or would like more information, please contact Cameron (csoulis@calvarypgh.org), or Theresa Chalich (tchalich@gmail.com).

#### Food of the Month

East End Cooperative Ministry operates the second largest food pantry in Pittsburgh. **On their wish list in March is instant mashed potatoes.** Of course, you may donate any nonperishable food item. Please leave your items in the shopping cart across from the reception desk. Thank you.

# Tuesday Night 2024 Lenten Preaching Series

# "Hope – Rooted in Christ"



6 P.M. Dinner • 7 P.M. Holy Eucharist with hymns and sermon

# March 5

St. Stephen's . . . . . Preacher: The Rev. Liddy Barlow 600 Pitt Street, Wilkinsburg

# March 12

St. Andrew's . . . . . . Preacher: The Rev. Leslie Reimer 5801 Hampton Street, Highland Park

# March 19

**Redeemer** . . . . . . . . Preacher: The Rev. Carter Hawley 5700 Forbes Avenue, Squirrel Hill

# Time to SPRING AHEAD on Sunday, March 10!

We return to Daylight Saving Time. Set your clocks AHEAD one hour.



# The Calendar

#### Sunday March 3, 2024 The Third Sunday in Lent The Holy Eucharist at 8, 9, and 11 a.m. 10:00 A.M. Children/Youth Formation 10:00 A.M. **Awareness Gathering** 10:00 A.M. Gospel and Breakfast (GAB) Choir Warm-up 10:00 A.M. Children's Liturgy 11:00 A.M. 11:00 A.M. Holy Eucharist with Heinz Chapel Choir 12:00 р.м. Coffee Hour **Monday** March 4, 2024 5:00 P.M. Capital Campaign Meeting 6:00 P.M. **Evening Prayer** 7:00 P.M. Contemplative Prayer **Tuesday** March 5, 2024 11:00 A.M. Staff Meeting 6:00 P.M. Lenten Preaching Series at St. Stephen's, Wilkinsburg 7:00 P.M. AA Meeting

# Wednesday March 6, 2024

Committee

7:00 P.M.

7:30 P.M.

9:00 A.M. Wednesday Workspace 10:00 A.M. **ESL Conversation Class** 12:00 P.M. Holy Eucharist 6:00 P.M. Interlude Group 7:00 р.м. East Liberty Valley Historical

Spiritual Reflection

Architectural History

Society Lecture

# **Thursday** March 7, 2024

Perpetua and Felicity, Martyrs, 202 1:00 P.M. Afternoon Tea Awareness Gathering 4:00 P.M. **CLASP Committee Meeting** 6:00 P.M. **Evening Prayer Lenten Reading Series** 6:30 P.M. 6:30 P.M. Mahjong 6:30 P.M. Inquirer's Class Choir Rehearsal 7:00 P.M.

## Friday March 8, 2024

9:00 A.M. Soup Group Cooking

# **Saturday** March 9, 2024

Gregory of Nyssa, Bishop and Theologian, c. 394 7:30 p.m. The Concert for the **Human Family** 

**Sunday** March 10, 2024 The Fourth Sunday in Lent; Daylight Saving Time Begins

#### The Holy Eucharist at 8, 9, and 11 a.m.

10:00 а.м. Children/Youth Formation 10:00 A.M. Priest/Rabbi Class

Gospel and Breakfast (GAB) 10:00 A.M.

10:00 A.M. Choir Warm-up Children's Liturgy 11:00 A.M. 12:00 p.m. Coffee Hour

12:15 P.M. Capital Campaign Lunch

and Learn Gathering

3:30 P.M. Choir Warm-up 5:00 P.M. Evensong

Office Hours: Monday - Friday, 9 a.m. to 4 p.m.

# **EASTER DAY MEMORIALS**

If you would like to have your loved ones remembered in the Easter Day bulletin, please fill out this form and return it, with your donation.

no later than Palm Sunday, March 24, 2024.
Name (as you would like it to appear):
Donor's name:
Donor's telephone: ()
Please mail to: Lynda Kennedy, Calvary Episcopal Church, 315 Shady Ave., Pittsburgh, PA 15206-4388

# The Prayers of the People

For the Anglican Communion, and for Justin, Archbishop of Canterbury, and The Church of the Province of Uganda.

For the Episcopal Church, and for The Most Reverend Michael Curry, Presiding Bishop.

For the Episcopal Diocese of Pittsburgh and for The Right Reverend Dr. Ketlen A. Solak, Bishop.

For the parishes of the Episcopal Diocese of Pittsburgh, especially The Disciplinary Board; the Committee on Constitution & Canons; Andrew Roman, Chancellor.

Let us pray for those serving in the armed forces:

Christine DeForest, Tres Mellor, Robert Weaver, Jon Danchik, Chris Claunch, George Rossman, Brian Bongiovi, Lauren Laessig.

For those who are ill or convalescing:

Erica, Elise Power, Henry Albee, Jamie Rogers, Phyllis Ernst, Hattie Mauch, Judith Baskin, ++Michael Curry, Jeff Arberman, James Knight, Roy Murphy, Joan Rollins, Nancy Hudak, Janet, David Clark, Josh Butler, Kate, Jean Oh, Andrea, Beth Gallis, Thomas Gallagher, Jean Carver, Daniel Perett, Judith Morgan, Janice Myers, Lucy Duffy, Earl, Susan MacLeod, Marilyn Devereaux, Diana Jannetta, Pat, Judy, Shannon, Emily, Kristen, John Lovelace.

*Let us remember those who continue in our prayers:* 

William Marchl+, Charles Mullen, David Rollins, Charlotta Ross, Mimi Doboy, Charlie Quillin, Holly Best, Marie Houston, Nikki Smith, Fairfax Seay, Paula King-Smith, Phyllis Hickok, Mary Anne Marchl, Betty Howard, Richard Zack, Walter Bowman, Stan Schoen, Doreen Putnam.

Let us pray for those who have been commended to our prayers:

Betty Shandor, Marjorie Wells, Linda Augustine, Sang Oh, Dorothy Tague, Tom Vig, Heidi Murrin, Joachim Bielert, Marilyn Corstange, Gary McCann, Dave Bruton, Alyson Holt, Debra Teton, Patricia, Carol Ann R., Jennifer S., Laura B., Patricia M., Marian G., Charles, Jeremiah McClung, Dave Arlotti, Mike, Ed Cohen, Carol, Hayden, Brian, Meredith G., Janie Leighton, Devlin Cato, Rebecca Rogovin, John, Nancy, Steve, Ernie, Betsy Mastaglio, Jason Durand, Barbara G., Paul Thompson, Lou and Nancy M., Cathie Keenan, Mary Kay D., Marsha Dilts, Eileen Simmons, Al Churley, Barbara, Judy, Mark Steinberg, Michael C., Anthony, Helene Burke, Walter Simmons, Alex, Aster, Gail, Megan and Mike and family, Judy, Jill W. and children, Katherine Plank, Marie Churley, April DeLucia, Stefania, Edward, Kathleen, Joe Hardy, Cathy Rielly-Goddard, Avi and family, Lisa, Kam Murrin, Dena Gallagher and family, Frankie Schell, Max and Leah Weiss, Mary G., Lynn Jolly, Paul Jolly, Paul Marvy family, Arnold Shurkin, Linda Almasy-Hohmann, David Hohmann, Marsha McElwain, Harry DeLuce, Chris Chaney, Kristen, Annette Bowen, Stefan, Denise Wolff Oetinger, John Rinozzi, Vincent Esposito, Katy Reeder, Allison, Rita Rose, Betty Chandler, Jon Burnett, Kevin Ayala, John Pranikoff.

For people throughout the world living with HIV and AIDS.

For caregivers.

For those who have died: Sal Ricottone (Diane Styles' nephew-in-law), Jerollyn McMahon (David Charonis' friend), Natalie Magula (Melissa Crimmins' mother).

The Altar flowers are given to the glory of God in loving memory of

Daniel L. Barry, Sr., by Nancy Barry and her family.

Edyth B. Best and Harry Best, by Holly Best and their family.

Gina Strain, by Stephen Shandor.

Charles F. Wells.

In celebration of the ministries of John and Charles Wesley, by David Eichelberger.

[ To add or remove names from the Prayer List, please contact Kim Pieratt at the church office: 412.661.0120, ext. 111; kpieratt@calvarypgh.org ]

# Participants in Today's Services

# 8 a.m. - The Holy Eucharist, Rite II

Celebrant & Preacher . . . . The Reverend Cameron J. Soulis

Lector ...... Elizabeth Pentin Chalice Bearer ..... Judy Kimblin

# 9 a.m. - The Holy Eucharist, Rite II

# 11 a.m. - The Holy Eucharist, Rite II

Verger ......Sarah Wilson

Lectors . . . . . . . . . . . . . . Thomas Weiss, Adam Hallowell

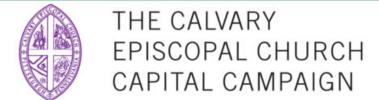
*Intercessor* . . . . . . . . . . . . . Bruce Adams

Chalice Bearers . . . . . . . . . Vanessa Sterling, Fred Roth, Bonnie Weiss

Ushers ......Mike O'Brien, Matthew Lancaster, Laura Marchl

Coffee Hour Host ...... The Calvary Choir

Flower Delivery ...... Elizabeth Pentin, Susan Adams



# **PRESERVE • SUSTAIN • SHARE**

The Capital Campaign Committee cordially invites you to join them to engage with fellow parishioners, enjoy some nourishment, and learn more about the campaign.

On **Thursday, March 7 at 1 p.m.,** we will host an *Afternoon Tea* at Calvary, complete with requisite tea sandwiches and sweets.

On **Sunday, March 10 at about 12:15 p.m.** (following the 11 o'clock service Coffee Hour), we will host a *Lunch and Learn session*, providing a light lunch, beverages, and dessert.

Please sign up now by sending an email to campaign@calvarypgh.org or by calling the campaign phone at (412) 735-6918. (There are also sign-up sheets in the Parish Hall.)

Notices for the Sunday service bulletin must be received by the end of the day on Wednesday each week. Please email your notice to calvary@calvarypgh.org