

CALVARY EPISCOPAL CHURCH



The Fourth Sunday in Lent

March 10, 2024, at 11:00 A.M.

The Penitential Order and the Holy Eucharist: Rite II

Prelude

O Lamb of God, Unspotted

Johann Sebastian Bach

Timor et Tremor

Herbert Sumsion

*Timor et tremor venerunt super me,
et caligo cecidit super me:
miserere mei Domine,
quoniam in te confidit anima mea.
Miserere mei Domine.*

Fear and trembling have come over me,
and darkness sweeps over me:
have mercy on me, O Lord,
for my soul trusts in you.
Have mercy on me, O Lord. —after Ps. 55:5

THE PENITENTIAL ORDER

Hymn 686

Come, thou fount of every blessing

Nettleton

All stand and sing together.

*Come, thou fount of every blessing, tune my heart to sing thy grace!
Streams of mercy never ceasing, call for songs of loudest praise.
Teach me some melodious sonnet, sung by flaming tongues above.
Praise the mount! Oh, fix me on it, mount of God's unchanging love.*

*Here I find my greatest treasure; hither, by thy help, I've come;
and I hope, by thy good pleasure, safely to arrive at home.
Jesus sought me when a stranger wandering from the fold of God;
he, to rescue me from danger, interposed his precious blood.*

*Oh, to grace how great a debtor daily I'm constrained to be!
Let thy goodness, like a fetter, bind my wandering heart to thee:
prone to wander, Lord, I feel it, prone to leave the God I love;
here's my heart, oh, take and seal it, seal it for thy courts above.*

—Robert Robinson, *alt.*

Opening Acclamation

Celebrant Bless the Lord who forgives all our sins.
People His mercy endures for ever.

The Decalogue *All kneel.*

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage. You shall have no other gods but me.
Amen. Lord have mercy.

You shall not make for yourself any idol. *Amen. Lord have mercy.*

You shall not invoke with malice the Name of the Lord your God. *Amen. Lord have mercy.*

Remember the Sabbath day and keep it holy. *Amen. Lord have mercy.*

Honor your father and your mother. *Amen. Lord have mercy.*

You shall not commit murder. *Amen. Lord have mercy.*

You shall not commit adultery. *Amen. Lord have mercy.*

You shall not steal. *Amen. Lord have mercy.*

You shall not be a false witness. *Amen. Lord have mercy.*

You shall not covet anything that belongs to your neighbor. *Amen. Lord have mercy.*

Confession of Sin

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Kyrie Eleison (HYMNAL, S84)

All stand and sing together.

Missa orbis factor

Kyrie eleison. Christe eleison. Kyrie eleison.

Lord, have mercy. Christ, have mercy. Lord, have mercy.

THE WORD OF GOD

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

The First Reading

Numbers 21:4-9

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the LORD sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the LORD and against you; pray to the LORD to take away the serpents from us." So Moses prayed for the people. And the LORD said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

The Word of the Lord.

People Thanks be to God.

A cantor sings the Antiphon, and all repeat it.

Give thanks to the LORD, for his mer-cy en-dures for ev - er.

The Choir sings the verses of the Psalm.

Give thanks to the LORD, for he is good, and his mercy endures for ever.

Let all those whom the LORD has redeemed proclaim

that he redeemed them from the hand of the foe.

He gathered them out of the lands; from the east and from the west,
from the north and from the south. *Refrain*

Some were fools and took to rebellious ways; they were afflicted because of their sins.

They abhorred all manner of food and drew near to death's door.

Then they cried to the LORD in their trouble, and he delivered them from their distress. *Refrain*

He sent forth his word and healed them and saved them from the grave.

Let them give thanks to the LORD for his mercy and the wonders he does for his children.

Let them offer a sacrifice of thanksgiving and tell of his acts with shouts of joy. *Refrain*

The Second Reading

Ephesians 2:1-10

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ—by grace you have been saved—and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God—not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

The Word of the Lord.

People Thanks be to God.

Hymn 706

*In your mercy, Lord, you called me**Halton Holgate*

*In your mercy, Lord, you called me, taught my sin-filled heart and mind,
else this world had still enthralled me, and to glory kept me blind.*

*Lord, I did not freely choose you till by grace you set me free;
for my heart would still refuse you had your love not chosen me.*

*Now my heart sets none above you, for your grace alone I thirst,
knowing well, that if I love you, you, O Lord, have loved me first.*

—*Josiah Conder, alt. Charles P. Price*

All stand for the Gospel, the reader first saying

The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

Rabbi Aaron Bisno

The Nicene Creed *All stand and say together*

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made, of one Being with the Father.
Through him all things were made.

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Let us pray to the Lord, saying, hear our prayer.

For the Church

For the Anglican Communion, and for Justin, Archbishop of Canterbury
For the Episcopal Church, and for Michael, our Presiding Bishop
For the Diocese of Pittsburgh, and for Ketlen, our Bishop
For Calvary Church, and for our clergy and staff
For all who desire to turn away from their sins
For an awareness of God's great love and mercy

Show us the immeasurable riches of your grace.

Lord, in your mercy, *bear our prayer.*

For this community, the nation, and the world

For peace in all places where there is war
For refugees, immigrants, and those threatened by war and conflict
For those in positions of public trust
For those who serve our country, particularly Christine, Tres, Robert, Jon, Chris, George,
Brian, and Lauren, for their families, and for the safe return of those far from home

Teach all your children to love the light rather than the darkness.

Lord, in your mercy, *bear our prayer.*

For those who cry out for help in their distress

For Erica, Elise, Henry, Jamie, Phyllis, Hattie, Judith, Michael, Jeff, James, Roy, Joan,
Nancy, Janet, Josh, Kate, Jean, Andrea, Beth, Thomas, Jean, Daniel, Judith, Janice,
Lucy, Earl, Marilyn, Diana, Pat, Judy, Shannon, Emily, Kristen, John, Erick, Avianna,
Lori, and all those who have been commended to our prayers
For people suffering from COVID
For people throughout the world living with HIV and AIDS
For those struggling with addiction, and those in recovery
For strength for caregivers and health care workers
For those whom we now name

Send forth your word and heal them.

Lord, in your mercy, *bear our prayer.*

For those who have died

For Natalie Magula, Zane Kirk, and Richard Federowicz
For those in whose memory altar flowers are given today:
SungWha Oh, Elizabeth Rumsey, and J. Bruce McWilliams
For victims of gun violence
For those who mourn
For those whom we now remember

In Christ, raise them to the heavenly places.

Lord, in your mercy, *bear our prayer.*

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Welcome & Announcements

*Those wishing to make offerings
by electronic transfer may use
this QR Code to do so:*



THE HOLY COMMUNION

Anthem

God So Loved the World

John Stainer

*And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up:
that whosoever believeth in him should not perish, but have everlasting life.*

*God so loved the world that he gave his only begotten Son,
that whosoever believeth in him should not perish, but have everlasting life.*

*For God sent not his Son into the world to condemn the world,
but that the world through him might be saved.*

—John 3:14-17

Lenten Doxology

All sing together

Hereford



1 Now let us all with one ac-cord, in com - pa - ny with a - ges past, keep
2 Grant, O thou bless - ed Trin - i - ty, grant, O un - chang - ing U - ni - ty, that



vi - gil with our heaven - ly Lord in his temp - ta - tion and his fast.
this our fast of for - ty days may work our pro - fit and thy praise!

Words: Attr. Gregory the Great (540-604);
tr. *Praise the Lord*, 1972, alt. (stanza 1) and *The Hymnal* 1982 (stanza 2)
Music: *Hereford*, Samuel Sebastian Wesley (1810-76)

The Great Thanksgiving

Eucharistic Prayer A

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give God thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All sing:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest. Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

—*The Hymnal 1982*, S122

The people stand or kneel. Then the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread *The Celebrant breaks the consecrated Bread.*
A period of silence is kept. Then all sing together:

Lamb of God, you take away the sins of the world. Have mercy on us. (sung twice)

Lamb of God, you take away the sins of the world. Grant us peace.

—*The Hymnal 1982, S160*

Celebrant The Gifts of God for the People of God.

*The congregation receives Holy Communion, kneeling at the High Altar rail,
or at the standing station near the Pulpit. Gluten-free wafers are available at the Pulpit station.*

*Those not wishing to receive Communion may come forward for a blessing,
signalling their intention by crossing their arms across their chests.*

During Communion, prayer and anointing for healing is offered in the Lady Chapel for those who desire it.

Music at Communion

O salutaris hostia

Humphrey Clucas

*O salutaris hostia,
quae caeli pandis ostium
Bella premunt hostilia,
da robur, fer auxilium.*

*Uni trinoque Domino
sit sempiterna gloria.
Qui vitam sine termino,
Nobis donet in patria.*

O saving victim, opening wide
the gate of heaven to us below:
our foes press on from every side
thine aid supply, thy strength bestow.

All praise and thanks to thee ascend
for evermore, blest One-in-Three;
O grant us life that shall not end
in our true native land with thee.

—*Attr. Thomas Aquinas, tr. Edward Caswall*

The Book of Common Prayer reminds us that if one is unable to consume the consecrated bread and wine due to extreme sickness or disability, the desire is enough for God to grant all the benefits of communion (BCP, p. 457). When being present at a celebration of the Eucharist is impossible, this act of prayer and meditation can provide the means by which we can associate ourselves with the Eucharistic Action and open ourselves to God's grace and blessing.

Come Lord Jesus, and dwell in my heart in the fullness of your strength; be my wisdom and guide me in right pathways; conform my life and actions to the image of your holiness; and, in the power of your gracious might, rule over every hostile power that threatens or disturbs the growth of your kingdom, who with the Father and the Holy Spirit, lives and reigns, one God, in glory everlasting. Amen. (*Spiritual Communion is excerpted from Saint Augustine's Prayer Book.*)

*Bread of the world, in mercy broken, wine of the soul, in mercy shed,
 by whom the words of life were spoken, and in whose death our sins are dead:
 look on the heart by sorrow broken, look on the tears by sinners shed;
 and be thy feast for us the token that by thy grace our souls are fed.*

—Reginald Heber

The Postcommunion Prayer

The Celebrant says

Let us pray.

All pray together

Almighty and everliving God,
 we thank you for feeding us with the spiritual food
 of the most precious Body and Blood
 of your Son our Savior Jesus Christ;
 and for assuring us in these holy mysteries
 that we are living members of the Body of your Son,
 and heirs of your eternal kingdom.
 And now, Father, send us out
 to do the work you have given us to do,
 to love and serve you as faithful witnesses of Christ our Lord.
 To him, to you, and to the Holy Spirit,
 be honor and glory, now and for ever. Amen.

The Blessing *The Celebrant blesses the people, and all say Amen.*

Hymn 690

Guide me, O thou great Jehovah

Cwm Rhondda

All stand and sing together.

*Guide me, O thou great Jehovah, pilgrim through this barren land;
 I am weak, but thou art mighty; hold me with thy powerful hand;
 |: Bread of heaven, :| |: feed me now and evermore. :|*

*Open now the crystal fountain, whence the healing stream doth flow;
 let the fire and cloudy pillar lead me all my journey through;
 |: strong deliverer, :| |: be thou still my strength and shield. :|*

*When I tread the verge of Jordan, bid my anxious fears subside;
 death of death, and hell's destruction, land me safe on Canaan's side;
 |: songs of praises, :| |: I will ever give to thee. :|*

—William Williams, tr. Peter Williams

The Dismissal *All respond* Thanks be to God.

Postlude

Prelude & Fugue in A minor

Bach

Musical Notes

The Choir offers Choral Evensong at 5 p.m. today, singing music by Herbert Sumsion and Kenneth Leighton, including Sumsion's charmingly evocative anthem, *They That Go Down to the Sea*, based on verses from the Psalm assigned for today.

The Prelude today comes from a retrospective collection of his chorale-based pieces that Bach assembled in the last decade or so of his life. The chorale-text is a paraphrase and amplification of the "Agnus Dei," the final fixed element of the traditional Latin Mass (carried over, in German, into the Lutheran rite). The piece presents the entire chorale-melody three times in succession: first in the topmost voice of a three-voice texture, then in the middle voice of three, and, finally, as the bass voice of a fuller four-voice texture, briefly enriched to five voices near the end.

Timor et tremor comes from a collection of short, seasonal pieces composed by the long-time Organist of Gloucester Cathedral, Herbert "John" Sumsion (1899-1995; his music features prominently in Evensong this afternoon at 5). The piece is an understated setting of a traditional Latin text associated with Lent.

After a ten-year stint as a church-musician in Oxford, John Stainer (1840-1901) became the Organist of St. Paul's Cathedral, London in 1870. Worry over his health led him to retire in 1888, still quite young, and he lived out this retirement as an Oxford professor, and composing and conducting research into historical music. His most famous composition, a Passion-oratorio called *The Crucifixion*, dates from a year before he left St. Paul's. It achieved wide popularity on both sides of the Atlantic. Today's Offertory music is arguably the finest moment from that work, a setting of words from today's Gospel lesson.

The English composer Humphrey Clucas (b. 1941) was a choral scholar at King's College, Cambridge, as an undergraduate. (One of his most widely performed works is a set of Responses that he composed during those years.) *O salutaris hostia* dates from the mid-1980s; a solo treble presents the first stanza of the text, to a rather angular melody, joined by choir and organ for the second stanza.

The Postlude is one of Bach's larger prelude-and-fugue pairs for the organ. The opening section is essentially continuous arpeggiation, eventually with a supporting "pedal-point," a bass-note that undergirds the bulk of this section. A quick roulade closes the introductory section, and makes a transition to a fuller texture, integrating the hands and feet more than in the opening. This ultimately closes the Prelude, and offers a springboard into the Fugue. This fugue is built on quite a long theme, which is taken up by successive voices (four in all). Development of other, derived thematic material occupies the long middle section, eventually succeeded by a return of the first theme in another fugal exposition. A busy pedal-solo opens the coda, and quick manual figuration brings the piece to a fiery conclusion.

This Friday and Saturday evenings, March 15 and 16, Chatham Baroque presents *The Joy of Bach*, a concert celebrating the Leipzig master's music with cantatas and instrumental music, including the sixth "Brandenburg" concerto. Both performances are here at Calvary. Information and tickets are available at www.chathambaroque.com.



CALVARY

EPISCOPAL CHURCH

315 Shady Avenue, Pittsburgh, Pennsylvania 15206
 412.661.0120 | email: calvary@calvarypgh.org | www.calvarypgh.org
 Office Hours – 9 A.M. to 4 P.M., Monday through Friday

■ CALVARY’S CLERGY AND STAFF

The Rev. Jonathon W. Jensen, <i>Rector</i>	Jon Tyillian, <i>Assistant Organist</i>
The Rev. Cameron J. Soulis, <i>Associate Rector</i>	Lynda Kennedy, <i>Director of Finance</i>
The Rev. Geoffrey S. Royce, <i>Deacon</i>	Vicki Rispoli, <i>Director of Children’s Formation</i>
The Rev. Ruth Bosch Becker, <i>Assisting Pastor</i>	Kenneth Smith, <i>Director of Communications</i>
The Rev. Carol Henley, <i>Assisting Priest</i>	Kim Pieratt, <i>Parish Administrator</i>
Rabbi Aaron Bisno, <i>Rabbi-in-Residence</i>	Jim Gubash, <i>Head Sexton</i>
Ms. Deanna Briody, <i>McNulty Intern</i>	Adam Augustine, Ron Johnston, Mary Ann Packer, Guy Tillman, <i>Sextons</i>
Dr. Alan Lewis, <i>Director of Music</i>	Vivian Rispoli, <i>A/V Technician</i>

– The Vestry –

2024	2025	2026	2027
Jennifer De Rosa	Adam Bailey	David Riehl	John Allison
David Jeong	Kate Burroughs	Wendy Lomicka	Elaine Effort
Donald MacLeod, Jr.	Lucy Douglas	James Manning	Ian Everhart
Laura Marchl	Peter Lewis	Vanessa Sterling	Lisa Nevola
Sarah Wilson, <i>secretary</i>			

– The Parish Council –

2024	2025	2026	2027
Jonathan Callard	Ann Augustine	Michele Bender	Charles R. Altman
Jean Carr	Mary Jane Bent	Sue DeWalt, <i>President</i>	Diana Page
Emma Schauf	Jeannine Farina	Stanley Nevola	Ray Richter
			Anoo Verghis

Clergy Contact Information

Please feel free to contact any of our clergy. We are ready to help.

- The Rev. Jonathon Jensen, jjensen@calvarypgh.org
- The Rev. Cameron Soulis, csoulis@calvarypgh.org
- Deacon Geoffrey Royce, groyce@calvarypgh.org
 - Rabbi Aaron Bisno, rabbi@calvarypgh.org
 - Deanna Briody, dbriody@calvarypgh.org



CALVARY

EPISCOPAL CHURCH

March 10, 2024 – The Fourth Sunday in Lent

Our Parish Life

Music at Calvary

Evensong for the month of March will take place **Today at 5 p.m.**, with an extended prelude played by local lutenist Alfonse Ciaccio beginning at 4:45. Please join us then, and on **Palm Sunday afternoon, March 24, also at 5 p.m.**, for a musical meditation on the Passion, a service somewhat reminiscent of Lessons and Carols, built around the narrative of the Passion and some of the beautiful musical responses that story has inspired from composers across the centuries.

Evening Prayer

As one of your Lenten disciplines, consider joining with other parishioners at Calvary for the service of Evening Prayer at 6 p.m. in the Lady Chapel each Monday and Thursday of Lent. **We'll meet each Monday and Thursday through March 21.** Praying at certain points of the day has its origins in Judaism and was practiced in the early church and monastic traditions. The service of Evening Prayer is about 20 minutes long and includes Psalms, Scripture, and Prayers for the day (but no sermon or music). If you have questions or are interested in helping to lead this service, please contact Steve Shandor (steve.shandor@gmail.com) or Michael Salmon (oriolefish@gmail.com).

Prayer and Anointing for Healing on Sundays at 11 a.m.

Throughout the season of Lent, we will offer healing prayer by anointing with oil and the laying on of hands during communion at the 11 a.m. service. If you would like to receive this healing prayer, please come to the Lady Chapel after you receive communion. The priest who is distributing communion at the station by the pulpit will join you there to offer this healing prayer. In Easter, we will evaluate to see if we want to continue this practice.

Christ-Centered Yoga

Our last night of yoga for this session is **Monday, March 11 from 6:30 to 7:30 p.m.** Every-body and all-bodies are welcome, even if you have not come previously. We meet in the Parish Hall for 20-30 minutes of yoga, followed by journaling.

Christ-Centered Yoga is led by Calvary parishioner, Elizabeth Hepburn Miller. Please contact her with questions or concerns at www.bebyelizabeth.com or email Elizabeth@BeByElizabeth.com.

Gospel and Breakfast (GAB):

Sundays, 10:00 – 10:45 a.m., the Evans Room

This class is for young adults and parents of young children to meet for fellowship, light breakfast, and a discussion of the Gospel passage appointed for the day. We gather in the Evans Room on Sundays during the Christian Formation hour (10–10:45 a.m.). The nursery will be open at that time, or you can bring your little one(s) along if you prefer. Drop in whenever you can. No prior knowledge needed. Questions? Please contact the Rev. Cameron Soulis (csoulis@calvarypgh.org or 412.661.0120, ext. 123).

Lenten Reading and Discussion Group – Julian of Norwich

Are you interested in deepening your Lenten observance, by sharing and reflecting together on a beautiful spiritual classic? Join us on **Thursdays in Lent from 6:30-7:30 p.m. (through March 21)** in the Evans Room (or by Zoom) for a guided discussion of Julian of Norwich's *Revelations of Divine Love*. If you have any questions, feel free to contact Daniel Perett (dperett@gmail.com).

The first book written in English by a woman, Julian's *Revelations* are moving meditations on God's love, compassion, and care for us, based on a vision of Christ's passion that she received when she was thought she was dying. Keenly aware of suffering and human frailty, Julian shares a deeply reassuring message of hope, joy, and peace, centered in God's wondrous, unfailing love, a perfect message for our spiritual growth in Lent.

The Bookstore at Calvary

The Bookstore has several young reader books for Lent and Easter including *What We Do in Lent: A Child's Activity Book* by Anna E. Kitchen and illustrated by Dorothy Thompson Perez. Filled with interactive puzzles, color-by-number pages, word finds, mazes, and more, this fun-filled activity book can help children ages 4 to 7 grow to a deeper understanding of the true meaning of the holy season of Lent. With more than forty activities, a glossary, and a guide filled with tips and suggestions, this is a great resource for parenting in the pews.

The Bookstore is open on Sunday from 8:45 a.m. to 1 p.m. and Wednesday from 11 a.m. to 2 p.m. Call the Bookstore at 412.661.0120 ext. 133 (please leave a message) or email at bookstore@calvarypgh.org and we will contact you. Cash, check, Discover®, MasterCard®, and Visa® along with touch-free payments are accepted.

Gun Safety Legislation

Last May the Pennsylvania House of Representatives passed gun safety legislation with bipartisan support. These bills would establish universal background checks (HB 714) and create Extreme Risk Protection Orders (HB1018). The State Senate must hold hearings and vote on these bills in order for them to become law. This has not yet happened. Gun-safety advocacy groups are encouraging Pennsylvanians to contact the leaders of our State Senate and ask that the Senate move this legislation forward.

To help interested parishioners with this, a table of information and supplies will be set up in the Parish Hall on Sunday, March 17, before and after each service. Jeanette Trauth, a member of Temple Sinai and the Religious Action Center of Reform Judaism (RAC), will be present during the Christian Formation hour (10–11 a.m.) that day to answer questions and otherwise help people write letters to Senate Judiciary Committee Chair Lisa Baker, Senate Majority Leader Joe Pitman, and Senate President Pro Tempore Kim Ward.

If you have questions or would like more information, please contact Cameron (coulis@calvarypgh.org), or Theresa Chalich (tchalich@gmail.com).

Food of the Month

East End Cooperative Ministry operates the second largest food pantry in Pittsburgh. **On their wish list in March is instant mashed potatoes.** Of course, you may donate any nonperishable food item. Please leave your items in the shopping cart across from the reception desk. Thank you.

Notices for the Sunday service bulletin must be received
by the end of the day on Wednesday each week.
Please email your notice to calvary@calvarypgh.org



EASTER MONDAY FLOWER DELIVERY – APRIL 1

One of the many traditions at Calvary Episcopal Church is the delivery of the Easter flowers to those for whom prayers were offered during the past year. This is a one-day volunteer opportunity and only requires that you give time on **Monday, April 1** to deliver the Easter flowers to parishioners. Volunteers are asked to arrive at the Parish Hall between 9–10 a.m. The list of recipients will be sorted by neighborhood and zip code. Kim Pieratt, our Parish Administrator, will prepare the delivery tag which will include the name, address and telephone for each of the recipients. We suggest you call the recipient before leaving the church to let them know you will be delivering an Easter flower to them and ask where you should leave the flower. **If you would like to volunteer for this task, please call or email Kim Pieratt by March 25** (kpieratt@calvarypgh.org or 412.661.0120, ext. 111). If you have any questions, please contact the Rev. Cameron Soulis (csoulis@calvarypgh.org or 412.661.0120, ext. 123).



THE CALVARY EPISCOPAL CHURCH CAPITAL CAMPAIGN

PRESERVE • SUSTAIN • SHARE

I consider Calvary my church home, but what do I mean by that? There are certainly more than one definition of a “home.” A home can be defined as “a place of refuge,” “a place where one lives,” “a place where a person feels safe and accepted,” and “a place requiring an emotional connection and sense of belonging.” As it happens, all of these things are true of Calvary for me.

Calvary being my church home is at the core of why I agreed to co-chair the Capital Campaign with Mary Lou Southwood and also agreed to make what for me is a large pledge.

In the same way I think about taking care of my own personal home (do I have a solid roof? Heat? Is it safe? Welcoming to friends and guests? Am I a good steward of my home for its survival in the future? etc.), I think of taking care of Calvary. I want all of the things (including the people!) that made me choose Calvary as my church home to be cared for and be there for those in the future, therefore being part of this campaign helps to ensure that this will happen.

So, it was a “no brainer” for me to participate in the campaign giving of both my time and of my treasure.

In peace, Don MacLeod

The Calendar

Sunday March 10, 2024

*The Fourth Sunday in Lent;
Daylight Saving Time Begins*

The Holy Eucharist at 8, 9, and 11 a.m.

- 10:00 A.M. Children/Youth Formation
- 10:00 A.M. Priest/Rabbi Class
- 10:00 A.M. Gospel and Breakfast (GAB)
- 10:00 A.M. Choir Warm-up
- 11:00 A.M. Children's Liturgy
- 12:00 P.M. Coffee Hour
- 3:30 P.M. Choir Warm-up
- 5:00 P.M. Evensong

Monday March 11, 2024

- 6:00 P.M. Evening Prayer
- 6:00 P.M. EfM
- 6:30 P.M. Christ-centered Yoga
- 7:00 P.M. Contemplative Prayer

Tuesday March 12, 2024

Gregory the Great, Bishop and Theologian, 604

- 11:00 A.M. Staff Meeting
- 6:00 P.M. Lenten Preaching Series
at St. Andrew's, Highland Park
- 7:00 P.M. AA Meeting
- 7:00 P.M. Coventry Circle

Wednesday March 13, 2024

James Theodore Holly, Bishop, 1911

- 9:00 A.M. Wednesday Workspace
- 10:00 A.M. ESL Conversation Class
- 12:00 P.M. Holy Eucharist
- 6:00 P.M. Interlude Group

Thursday March 14, 2024

- 6:00 P.M. Evening Prayer
- 6:30 P.M. Lenten Reading Series
- 6:30 P.M. Mahjong
- 6:30 P.M. Inquirer's Class
- 7:00 P.M. Choir Rehearsal

Friday March 15, 2024

*Vincent de Paul, Priest, and Louise de Marillac,
Vowed Religious, Workers of Charity, 1660*

- 7:30 P.M. Chatham Baroque Concert

Saturday March 16, 2024

- 10:00 A.M. Women of Calvary Meeting
- 1:00 P.M. Worship Team Leaders
- 7:30 P.M. Chatham Baroque Concert

Sunday March 17, 2024

The Fifth Sunday in Lent

Gun Violence Letter Writing in the
Parish Hall after all services

The Holy Eucharist at 8, 9, and 11 a.m.

- 10:00 A.M. Children/Youth Formation
- 10:00 A.M. Priest/Rabbi Class
- 10:00 A.M. Gospel and Breakfast (GAB)
- 10:00 A.M. Calvary Creation Care Group
- 10:00 A.M. Choir Warm-up
- 11:00 A.M. Children's Liturgy
- 12:00 P.M. Coffee Hour

Office Hours:

Monday – Friday, 9 a.m. to 4 p.m.

www.calvarypgh.org

EASTER DAY MEMORIALS

If you would like to have your loved ones remembered in the Easter Day
bulletin, please fill out this form and return it, with your donation,
no later than Palm Sunday, March 24, 2024.

Name (as you would like it to appear):

Donor's name: _____

Donor's telephone: (_____) _____

Please mail to: Lynda Kennedy, Calvary Episcopal Church,
315 Shady Ave., Pittsburgh, PA 15206-4388

The Prayers of the People

*For the Anglican Communion, and for Justin, Archbishop of Canterbury, and
The Episcopal Church.*

For the Episcopal Church, and for The Most Reverend Michael Curry, Presiding Bishop.

*For the Episcopal Diocese of Pittsburgh and for The Right Reverend Dr. Ketlen A. Solak,
Bishop.*

*For the parishes of the Episcopal Diocese of Pittsburgh, especially St. David's Episcopal
Church, Peters Township, and the Rev. Kristian Opat.*

Let us pray for those serving in the armed forces:

Christine DeForest, Tres Mellor, Robert Weaver, Jon Danchik, Chris Claunch,
George Rossman, Brian Bongiovi, Lauren Laessig.

For those who are ill or convalescing:

Erica, Elise Power, Henry Albee, Jamie Rogers, Phyllis Ernst, Hattie Mauch,
Judith Baskin, ++Michael Curry, Jeff Arberman, James Knight, Roy Murphy,
Joan Rollins, Nancy Hudak, Janet, Josh Butler, Kate, Jean Oh, Andrea, Beth Gallis,
Thomas Gallagher, Jean Carver, Daniel Perett, Judith Morgan, Janice Myers,
Lucy Duffy, Earl, Marilyn Devereaux, Diana Jannetta, Pat, Judy, Shannon, Emily,
Kristen, John Lovelace, Erick Hoffman, Avianna Hoffman, Lori McCormick.

Let us remember those who continue in our prayers:

William Marchl+, Charles Mullen, David Rollins, Charlotta Ross, Mimi Dobby,
Charlie Quillin, Holly Best, Marie Houston, Nikki Smith, Fairfax Seay,
Paula King-Smith, Phyllis Hickok, Mary Anne Marchl, Betty Howard, Richard Zack,
Walter Bowman, Stan Schoen, Doreen Putnam.

Let us pray for those who have been commended to our prayers:

Betty Shandor, Marjorie Wells, Linda Augustine, Sang Oh, Dorothy Tague, Tom Vig,
Heidi Murrin, Joachim Bielert, Marilyn Corstange, Gary McCann, Dave Bruton,
Alyson Holt, Debra Teton, Patricia, Carol Ann R., Jennifer S., Laura B., Patricia M.,
Marian G., Charles, Jeremiah McClung, Dave Arlotti, Mike, Ed Cohen, Carol, Hay-
den, Brian, Meredith G., Janie Leighton, Devlin Cato, Rebecca Rogovin, John,
Nancy, Steve, Ernie, Betsy Mastaglio, Jason Durand, Barbara G., Paul Thompson,
Lou and Nancy M., Cathie Keenan, Mary Kay D., Marsha Dilts, Eileen Simmons,
Al Churley, Barbara, Judy, Mark Steinberg, Michael C., Anthony, Helene Burke, Wal-
ter Simmons, Alex, Aster, Gail, Megan and Mike and family, Judy, Jill W. and chil-
dren, Katherine Plank, Marie Churley, April DeLucia, Stefania, Edward, Kathleen,
Joe Hardy, Cathy Rielly-Goddard, Avi and family, Lisa, Kam Murrin, Dena Gallagher
and family, Frankie Schell, Max and Leah Weiss, Mary G.,
Lynn Jolly, Paul Jolly, Paul Marvy family, Arnold Shurkin, Linda Almasy-Hohmann,
David Hohmann, Marsha McElwain, Harry DeLuce, Chris Chaney, Kristen,
Annette Bowen, Stefan, Denise Wolff Oetinger, John Rinozzi, Vincent Esposito, Katy
Reeder, Allison, Rita Rose, Betty Chandler, Jon Burnett, Kevin Ayala,
John Pranikoff.

For people throughout the world living with HIV and AIDS.

For caregivers.

*For those who have died: Natalie Magula (Melissa Crimmins' mother), Zane Kirk, Richard
Federowicz.*

*The Altar flowers are given to the glory of God in loving memory of
SungWha Oh, by her daughter, Shirley Yoo, and family.*

Elizabeth Rumsey and J. Bruce McWilliams, by Mrs. H. Wayne Allred.

[To add or remove names from the Prayer List, please contact Kim Pieratt
at the church office: 412.661.0120, ext. 111; kpieratt@calvarypgh.org]

Participants in Today's Services

8 a.m. – The Holy Eucharist, Rite II

CelebrantThe Reverend Cameron J. Soulis
PreacherRabbi Aaron Bisno
LectorJohn Allison
Chalice BearerElizabeth Pentin

9 a.m. – The Holy Eucharist, Rite II

CelebrantThe Reverend Jonathon W. Jensen
PreacherRabbi Aaron Bisno
AssistingThe Reverend Geoffrey S. Royce
LectorWill Ruthrauff
IntercessorJoyce Dorman
Chalice BearersJon Mazur, Adele Eley
UshersLea Carone, Margaret Baker, Joanne Luchsinger

11 a.m. – The Holy Eucharist, Rite II

CelebrantThe Reverend Jonathon W. Jensen
PreacherRabbi Aaron Bisno
AssistingThe Reverend Geoffrey S. Royce
Children's LiturgyThe Reverend Cameron J. Soulis
VergerJames Cassaro
LectorsCeci Westbrook, Elaine Effort
IntercessorPhilip Maye
AcolytesAdella Boy, Thomas Koehler, Reed Van Schenck
Chalice BearersVanessa Sterling, Matthew Lancaster, Bonnie Weiss
UshersAdam Hallowell, Mike Kelly, Mike O'Brien
Coffee Hour HostThe Interlude Group

5 p.m. – Choral Evening Prayer, Rite I

OfficiantThe Reverend Cameron J. Soulis
VergerAdam Bailey
LectorsKaren Kapsanis, Gillian Cannell
AcolyteAvery Podolinski
UsherLucy Weingartner
Flower DeliveryKitsy McNulty, Ellen Maye

Tuesday Night 2024 Lenten Preaching Series

“Hope – Rooted in Christ”

6 P.M. Dinner • 7 P.M. Holy Eucharist with hymns and sermon

March 12

St. Andrew'sPreacher: The Rev. Leslie Reimer
5801 Hampton Street, Highland Park

March 19

RedeemerPreacher: The Rev. Carter Hawley
5700 Forbes Avenue, Squirrel Hill